

Resources for Children

Alpha Resource Center

1-877-414-6227 toll free
(805) 683-2145 South County
(805) 347-2775 North County

A Family Resource Center serving families with children with special needs

info@alphasb.org

California Children Services

[CCS] (805) 681-5360

Provides occupational & physical therapy and other medical services for those children who qualify.

www.sbcphd.org/cma

Santa Barbara County Education Office

[SBCEO] Special Education

(805) 964-4711 ext. 5410

Educational programs for individuals with severe physical and learning disabilities.

www.sbceo.org

Santa Barbara Co. SELPA

Special Education Local Plan Area

(805) 683-1424

Provides coordination to explore program options for students with disabilities whose needs cannot be met through modification of the regular education program.

selpa@sbceo.k12.ca.us

Tri-Counties Regional Center [TCRC]

1-800-266-9071 No. County

1-800-322-6994 So. County

Services where persons with developmental disabilities of all ages and their families can go for help in obtaining services.

www.tri-counties.org

Services for Children

♥Children age *birth to three* who are *eligible for Early Start* may receive the following services: Assistive technology, Audiology, Family training & counseling, Health or nursing services, Medical services for diagnostic or evaluation purposes, Occupational therapy, Physical therapy, Psychological services, Respite services, Service coordination, Social work services, Special instruction, Speech-language pathology services, transportation, or Vision services.

♥Children *ages 3 and older* who are *eligible for special education* may receive the following services: Assistive technology, Audiology, Counseling, Health services, Occupational therapy, Physical therapy, Psychological services, Social work services, Special instruction, Speech-language pathology services, Transition support, Transportation, Vision services.

♥Children *3 and older* who *qualify for regional center services* may receive the following: Adaptive equipment/supplies, Advocacy assistance, Assessment & evaluation, Behavior training, Child care assistance, Counseling, Daily living training, Diagnosis, Crisis intervention, Information & Referral services, Mental health services, Occupational therapy.

Resources for Children *Whose Needs May Be Special*



Many resources are available to families and providers who have questions about a child's development, however trying to navigate and understand systems can be confusing and overwhelming.

This brochure has been developed to help parents and providers take the "first steps" in accessing local supports and resources for children with special needs in Santa Barbara County.

**For more information:
Call us at Alpha Resource Center
(805) 683-2145
1-877-414-6227 toll free**

***Serving the community for over 50
years, from birth through a lifetime.***



Supported by California's Early Start Program, First 5 of Santa Barbara County, Family Voices of CA, & Private Donations.



Children Birth to 3 Years

If you have concerns that your child appears to have difficulty relating to you or the care provider or does not meet typical developmental milestones, or if your child does not demonstrate age appropriate behavior you may:

- ♥ Talk with your health care provider and/or request a referral for assessment,
- ♥ Discuss concerns with your child care provider or early education teacher,

♥ Contact your local Early Start Program at
 Tri-Counties Regional Center
 Santa Maria Office
 1 800 266 9071
 Santa Barbara Office
 1 800 322 6994
*Ask to speak with an
 "Early Start Service Coordinator."*

- ♥ Contact the Family First Program
 Alpha Resource Center
 North County
 (805) 347-2775
 South County
 (805) 683-2145
 Toll Free
 1-877-414-6227
 For Parent Support, Information,
 Resources, Referral, Advocacy.



Children 3 to 5 Years

If your child is having difficulty at home or in child care and you are concerned that your child is not developing as are other children the same age or if your child has limited understanding and use of language; does not play well with other children; is overly aggressive; hurts self or others frequently; falls a lot or is clumsy; or has poor motor coordination you may:

- ♥ Talk with your health care provider and/or request a referral for assessment,
- ♥ Discuss concerns with your child care provider or early education teacher,

♥ Contact Santa Barbara County
 Education Office and ask for Special
 Education Support Services:
 North County
 (805) 922-0334
 South County
 (805) 964-4711

*Let your health care provider or the
 agency know that you are concerned
 about your child's development and ask
 for resources available and how to make
 a referral for assessment.*



*Providers may make a referral, but only
 with written consent of the family.*



5 Years & Older

School age children are usually identified because of behavior or academic problems in school, such as: Not doing well in school, even after accommodations are made in the regular classroom; the student frequently does not complete or does not turn in homework; has learning or behavior problems; or is not reading by second grade. Parents may:

- ♥ Talk with your child's teacher and other school personnel, discuss resources available, and/or ask for a referral to the Student Success Team (SST) for possible assessment,
- ♥ Talk with your health care provider, rule out any health considerations, and/or ask for a referral for assessment,
- ♥ Contact the special education department in your school district.

*Tell them you are "concerned with
 your child's academic progress in
 school". Parents are encouraged to
 talk with the school staff to openly
 and honestly discuss concerns.
 Parents may address concerns and
 make requests for assessment in
 writing to the school district office.*

