

# SEL FOUNDATIONS FOR TEACHERS

*Caring for ourselves, our  
students, and our community*

**S**ocial and emotional awareness, habits, and skills have profound impacts on the health and learning of students, the health and capacity of teachers, and the health and engagement of the school community. This session will offer you guidance in cultivating and modeling your own social and emotional health while supporting the mental health of students by incorporating simple, adaptable approaches to strategies for Social Emotional Learning.



**April 21, 2021**  
**3:30 - 4:30 p.m.**

**Audience:**  
**K-12 Teachers, TOSAs**

**Cost:**  
**No charge\***

*\*Costs offset by  
Differentiated Assistance funds*

**Presenters:**  
Carla Benchoff, Rachel Fauver, SBCEO

Register online at  
<http://sbceo.k12oms.org>

ZOOM LINK WILL BE EMAILED UPON REGISTRATION